



“We are children of the Earth, made of all the same elements and minerals. We contain mountains, rivers, stars, and black holes. In every moment of our life the cosmos is going through us, renewing us, and we are returning ourselves to the cosmos. We are breathing the atmosphere, eating the earth’s food, creating new ideas, and experiencing new feelings. And we are emitting energy back into the cosmos, in our thinking, speech, and actions, in our out-breath, in our body’s warmth, and in releasing everything we have consumed and digested. In this very moment many parts of us are returning to the earth. We don’t return to the earth and cosmos only when our body disintegrates. We are already inside the earth, and the earth is inside us.”

– Thich Nhat Hanh, -The Art Of Living

What is Earth Day?

Earth Day is an annual event celebrated worldwide to demonstrate support for environmental protection.



Earth Day is important to raise awareness about environmental issues, promote sustainability, and encourage conservation efforts to protect the planet for future generations.

Here are some ways to help the Earth:



Reduce, reuse, and recycle



Conserve water and energy



Use environmentally friendly transportation



Support local and sustainable products



Plant trees and participate in clean-up activities.



Earth



Sun



Tree



Bee



Flower



Plant



Water



Soil



Handmade natural products



Compost Bin



Recycling bin



Reusable cup



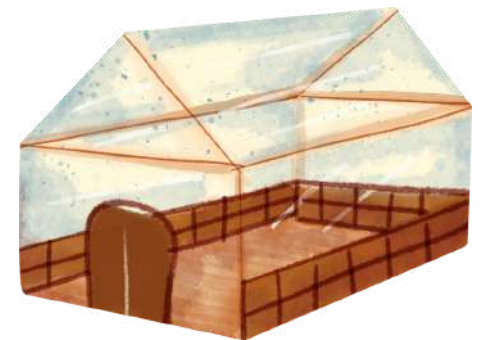
Reusable bag



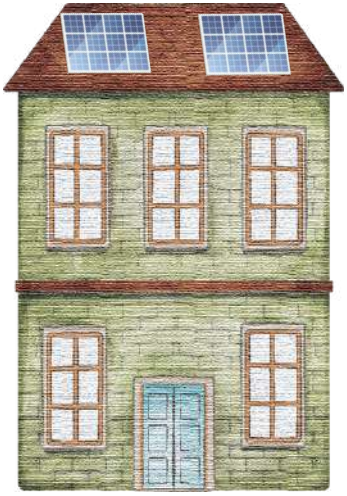
Net bag



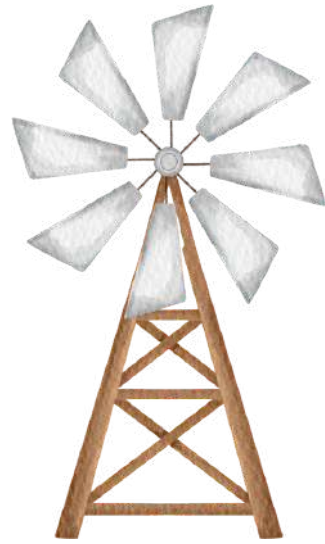
Preloved clothes



Greenhouse



Solar Panel



Turbine



Bike



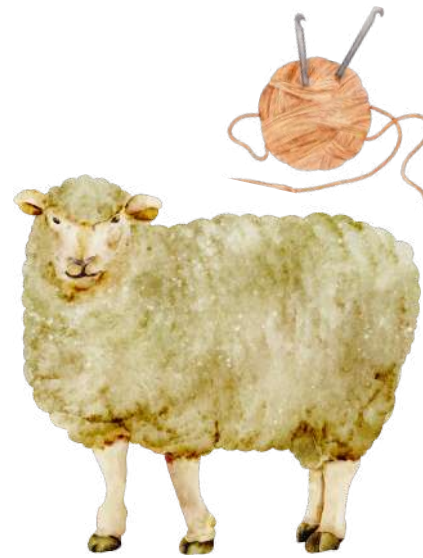
Chicken egg



Vegetable garden



Farmers market



wool



milk